

# Daily Affirmations

- 1 Today I am going to **FEEL GOOD**
- 2 I will adjust my energy and emotions to stay aligned throughout the day
- 3 I will talk myself into **FEELING GOOD**
- 4 I will think myself into **FEELING GOOD**
- 5 I will look for reasons to **FEEL GOOD**
- 6 I live with joyous expectation as if I know miracles are coming
- 7 What is the miracle in store for me today?

